

## **Nays Concussion Training: How to register and complete the course.**

### **Please read the instructions before starting.**

1. Go to National Alliance of Youth Sport at: [www.nays.org](http://www.nays.org)
2. Click Register in the top right corner. (Free)
3. Choose Training/Membership
4. Create a personal account.
  - a. Choose "I coach youth sports"
  - b. Complete registration information
5. Affiliations/Memberships: **Choose the second option.**
  - a. Organization Name: TOWN OF HAMBURG REC DEPT+
  - b. Select role: Concussions
  - c. Continue
  - d. Review information and Create Account
6. Proceed to CHECKOUT. (Free)
7. Process Order (Free)
8. Proceed to training. (20 Minutes) Note: The training will be found in MY Account/My Training – My Training Portal if you need to come back later to complete the training.
9. Upon completion save or print a copy of your Completion Certificate and submit to the Hamburg Recreation Department by emailing to [jzoda@townofhamburgny.gov](mailto:jzoda@townofhamburgny.gov) or dropping off at the Recreation Office 4540 Southwestern Blvd. Hamburg, NY 14075. Enter Door #9.

If you have any questions contact John Zoda at [jzoda@townofhamburgny.gov](mailto:jzoda@townofhamburgny.gov)